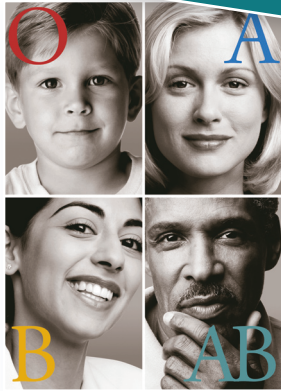


BLOOD TYPE AB

Your Personalized Nutrition Guide

Begin with Your AB Basics

→ Achieve Digestive and Immune System Integrity with the Blood Type Diet®.



Block Effects of Lectins

Deflect AB® Minimize lectin damage from the avoid foods you eat, and repair existing lectin damage with Dr. D'Adamo's revolutionary Deflect formulas, personalized for your Type.

Your Multi-Vitamin

PolyVITE AB® Designed by Dr. D'Adamo to reflect the individual health concerns and precise nutritional needs of your blood type.

Your Multi-Mineral

PhytoCAL AB® Features unique co-factors and micro-mineral ratios specific to your blood type, featuring a unique natural source of highly absorbable calcium.

Your Optimal Probiotic

PolyFLORA AB® Your blood type has a significant impact on friendly flora, featuring your optimal flora strains and growth media for detoxification and maintaining digestive balance.

Type AB Basics Pack



Build a solid daily foundation for personalized health. (Contains all 4 formulas.)

Don't know your Type? Order your kit online.



Add Your Targeted Supplements

→ Each Type is susceptible to certain imbalances. Add formulas to promote balance.

Type AB Stress Response

Catechol™ Enhance natural recovery from occasional stress with amino acids Tyrosine and Arginine and the Adaptogen Rhodiola rosea, which helps to modulate excess adrenaline, common to Type AB.

Type AB Muscle & Nerve Support

Nitricycle™ Botanicals blended with the amino acid L-Arginine, natural potentiators of Nitric Oxide. Type AB's may be more at risk for health problems associated with imbalances in N.O. metabolism.

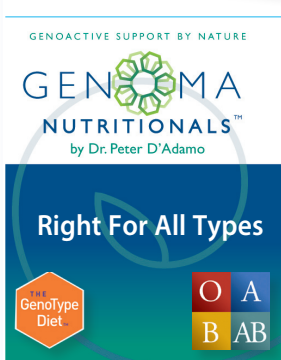
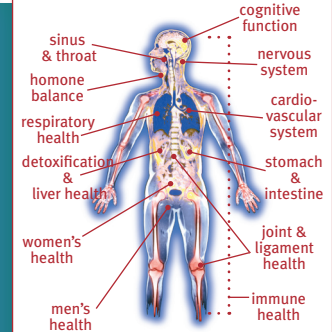
Type AB Heart Health Support

Methyl-12 Plus™ Two forms of B-12, with synergistic co-factor, folate (folic acid), which can lower homocystine levels, important to Type AB for cardiovascular health.

Type AB Liver Health

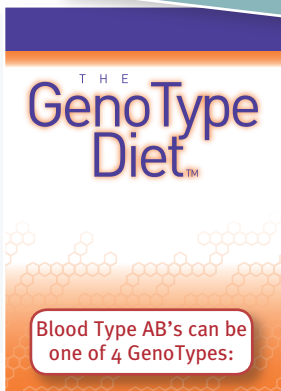
Hepatiguard® Dr. D'Adamo's exclusive formula naturally supports optimal liver function and detoxification, which can be especially important for Type AB.

Target Your Needs



Add Your GenoType Supplements

→ Re-Set your genetic expression with the GenoType Diet®.



Hypersensitivity to allergens and certain foods and drugs; imbalanced ability to detoxify, sluggish metabolism and weight gain.

Explorer Activator: Gastro-protective; liver/bile health; cellular energy production.
Explorer Catalyst: Detoxification with antioxidants and plant sterols.
Explorer Synergist: Pure Marine Lipids providing long chain Omega 3's.



Imbalances in the cardiovascular, nervous, and immune systems; overly tolerant in some and overly reactive in others.

Nomad Activator: Nitric Oxide potentiator; cardiovascular and circulatory support.
Nomad Catalyst: Cellular energy optimizer and catalyst with Creatine and Magnolia Bark.
Nomad Synergist: GenoCorrect balance of Omega-3, Omega-6, Omega-9 from Flax.



Overly tolerant immune system, sensitive digestive system, and increased mental stress when in poor health.

Teacher Activator: Protein digestive aid; flora and plant sterols.
Teacher Catalyst: Adaptogens selected to increase resistance to biological stress & build vitality.
Teacher Synergist: GenoCorrect Flax oil blend of Omega-3, Omega-6, Omega-9.



Stores all calories as fat, depressed immunity, heart and circulatory health challenges, accelerated aging.

Warrior Activator: Digestive system balancing and calmativ.
Warrior Catalyst: Powerful anti-aging formula. Includes pure Gynostemma.
Warrior Synergist: CLA increases metabolism, decreases abdominal fat.

GenoType Essentials Pack



Maximize your GenoType's strengths and minimize your weaknesses with personalized Geno-Actives.

Don't know your Type? Order your kit online.

